

Red Cabbage and Chickpea Salad

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An easy and simple Red Cabbage and Chickpea salad is a hearty and savory way to start any meal. Tender chickpeas and zesty red cabbage are tossed with crunchy vegetables and tahini salad dressing and refrigerate until marinated. Serve alongside a burger or stuffed pita for a hearty meal anytime.

Ingredients:

1 (16 oz) can chickpeas, rinsed and drained
1 c. red cabbage, shredded
½ c. tomato, chopped
1 Tbsp onion, minced
salt and pepper, to taste
2 Tbsp tahini salad dressing

Directions:

1. In large bowl combine chickpeas, red cabbage, tomato, and onion. Toss to combine.
2. Season with salt and pepper, and toss with salad dressing until evenly coated.
3. Cover, and refrigerate 1 hour or until ready to serve.

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