

Roasted Chickpeas

Printed from Chickpea Recipes at <http://www.chickpearecipes.com/>

Chickpeas are a simple addition to any meal; they are easy to prepare, bursting with flavor, and unbelievable healthy. Harness the wonderful flavors of chickpeas in this simple Roasted Chickpea dish that features canned prepared chickpeas, zesty salt, garlic pepper and cayenne pepper, and high quality olive oil. Serve this dish as a side dish, appetizer, or tossed in hearty and savory salads.

Ingredients:

1 (12 oz) can chickpeas, drained
2 Tbsp olive oil
salt
garlic salt
cayenne pepper

Directions:

1. Preheat oven to 450 degrees F.
2. Blot chickpeas with a paper towel to dry them.
3. In large bowl combine chickpeas and olive oil, and toss to coat. Season to taste with salt, garlic salt, and cayenne pepper.
4. Spread on a baking sheet; bake for about 35 minutes, until browned and crunchy

Author: Catherine Herzog