

Summer Vegetable Tray with Chickpea and Sun-Dried Tomato

Dip

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This appetizer tray features fresh, crispy vegetables and a creamy, savory chickpea dip. Reminiscent of traditional hummus, this bean dip is flavored with sun-dried tomatoes, basil, and lemon, offering an authentic taste of summer.

Ingredients:

- 1 cup canned chickpeas, rinsed, drained
- ½ cup chopped basil leaves
- ¼ cup plain yogurt
- 3 oil-soaked sun-dried tomatoes, drained, chopped (about 2 tablespoons)
- 1 to 2 tablespoons water, as needed
- 1 tablespoon fresh lemon juice
- 1 teaspoon lemon zest
- 1 teaspoon minced garlic
- ¼ teaspoon salt
- ¼ teaspoon freshly ground black pepper

Vegetable Tray:

- 1 bunch radishes, trimmed
- 1 small head broccoli, chopped into 1-inch florets
- 1 small head cauliflower, chopped into 1-inch florets
- 1 red bell pepper, seeded, sliced

Directions:

Place all ingredients except water in a food processor; blend until smooth, adding water as needed to achieve desired consistency.